ACES & Trauma Resources - Dr Barb Brady's Favs

Academy of Pediatrics – The Resilience Project <u>www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/ACEs-and-Toxic-Stress.aspx</u>

ACES Coalition of West Virginia https://www.acescoalitionofwv.com
Video Living with and Overcoming ACES in WV https://youtu.be/pYWh3zD_3jw

ACES Parenting for Preventing and Healing About-Strengthening-Families Protective factors.pdf

ACES Pyramid https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/ACEs-and-Toxic-Stress.aspx

ACES Questionnaire www.acestoohigh.com/got-your-ace-score

American Society of Positive Parenting website https://americanspcc.org
This website provides resources and best practices for positive parenting.

HOW BRAINS ARE BUILT: INTRODUCING THE BRAIN STORY

https://americanspcc.org/brain-story/?gclid=Cj0KCQjwzqSWBhDPARIsAK38LY-L-xtTn_0SbZVzsXKJzPhPFqNii5DNtVFHnj-7ImMYynmvdJ4MfWlaAkciEALw_wcB

Bruce Perry's Child Trauma Academy http://childtrauma.org/

Center for Disease Control and Prevention

- www.cdc.gov/violenceprevention/acestudy/index.html
- www.cdc.gov/violenceprevention/pdf/essentials for childhood framework.pdf

CDC ACES Videos and Resources

VITAL SIGNS https://www.cdc.gov/vitalsigns/aces/index.html

ACES Online YouTube Training Modules

- Preventing Adverse Childhood Experiences (ACEs) Online Training Module 1
 Lesson 1 Preventing Adverse Childhood Experiences (ACEs) Online Training
 Module 1 Lesson 1 YouTube (ACEs, Trauma, Impact On Brain Development And Behavior)
- Preventing Adverse Childhood Experiences (ACEs) Online Training Module 1
 Lesson Video 2 https://www.youtube.com/watch?v=A6wl3h8qmal
- Preventing Adverse Childhood Experiences (ACEs) Online Training Module 2
 Lesson 1: Video 3 https://www.youtube.com/watch?v=7PQDbyBVF40 (Risk and Protective Factors)
- 2: Video 2 of 2 https://www.youtube.com/watch?v=Mgdq-olbPcc (ACES Study Review and Implications)
- Preventing Adverse Childhood Experiences (ACEs) Online Training Module 2
 Lesson 1: Video 1 of 3

 <u>https://www.youtube.com/watch?v=A6wl3h8qmal&t=139s</u> (Social Determinants of Health and Risk Factors)
- Preventing Adverse Childhood Experiences (ACEs) Online Training Module 2
 Lesson 1: https://www.youtube.com/watch?v=A6wl3h8qmal

Preventing Adverse Childhood Experiences (ACEs) Online Training Module 2
 Lesson 1: Video 3 https://www.youtube.com/watch?v=7PQDbyBVF40 (Risk and Protective Factors)

Child Welfare Information Network – Adverse Childhood Experiences childwelfare.gov/topics/preventing/preventionmonth/resources/ace

Center for the Developing Child – Harvard University

https://developingchild.harvard.edu/resources/supportive-relationships-and-active-skill-building-strengthen-the-foundations-of-resilience/American

Data Links - Kinship Care

- Grandfamilies data
 https://www.grandfamilies.org/Portals/0/West%20Virginia%20GrandFacts%20State%20
 Fact%20Sheet%202021%20Update%20.pdf
- Single parent families do not include children living with married stepparents or doubled up http://www.wvdhhr.org/bph/hsc/pubs/briefs/030/brief30 adverse childhood experiences .pdf
- https://dhhr.wv.gov/bcf/Reports/Documents/West%20Virginia%20APSR%202021.pdf
- Homelessness https://www.usich.gov/homelessness-statistics/wv/#:~:text=As%20of%20January%202020%2C%20West,and%20Urban%20Development%20(HUD)
- Maltreatment: https://www.childtrends.org/cta-uploads/child-welfare-fy2020/pdf/state-profiles-may19/maltreatment/West-Virginia.pdf
- Teen pregnancy rate s by statehttps://worldpopulationreview.com/state-rankings/teen-pregnancy-rates-by-state

Mayo Clinic Health System – Road to Resilience: Raising Healthy Kids www.mayoclinichealthsystem.org/adverse-childhood-experiences

Original ACES Study Summary https://www.ajpmonline.org/article/S0749-3797(98)00017-8/pdf

Original ACES Resiliency Quiz – ACES TOO High https://acestoohigh.com/got-your-acescore/

Resiliency Quiz Current (not he one on the ACES Site – more relevant to adults not childhood experiences which many may not have the answer, don't know, don't remember)

http://www.ctrtraining.co.uk/documents/ResilienceAssessmentQuestionnaireJune 2011.pdf

PACES Connection https://www.pacesconnection.com provides resources, blogs, state connections etc. to help build strong connections to integrate positive childhood experience and prevent ACES.

Risk and Protective Factors https://www.thenationalcouncil.org/resources/risk-and-protective-factors/?gad_source=1&gclid=Cj0KCQjw-r-vBhC-ARIsAGgUO2ArF8axIsUeROYZuaJbDk9Dkeo-z2SbEAYF7oUwWiqr1DuIZJz2vGUaAjLjEALw_wcB

Rita Pierson Ted Talk Video Link https://www.ted.com/talks/rita pierson every kid needs a champion?language=en

Trauma Informed Care Guides

- **SAMHSA** https://store.samhsa.gov/sites/default/files/pep23-06-05-005.pdf
- Relias Creating a Trauma- Informed System of Care Addressing Individuals, Professionals, and Organizations https://www.relias.com/wp-content/uploads/2023/11/23-HHS-4612-EBook-TIC-Update.pdf

7 C's of Resilience https://parentandteen.com/building-resilience-in-teens/

Stages of Brain Development and Associated Learning Opportunities http://www.educationalneuroscience.org.uk/2019/06/21/social-emotional-and-academic-development-report/

Ted-Talk Link: Dr. Nadine Burke Harris https://www.youtube.com/watch?v=95ovlJ3dsNk

VIDEO LINKS - Other: https://www.youtube.com/watch?v=6NehuwDA45Q and https://www.katlynshealingcenter.org/substance-dependence-presentation